

# La Cholla Medical Group

## PERSONAL MEDICAL HISTORY

MRN: \_\_\_\_\_

(admin use only)

\_\_\_\_\_ Date \_\_\_\_\_ Name \_\_\_\_\_ Birthdate \_\_\_\_\_ Age \_\_\_\_\_  
Former PCP \_\_\_\_\_ Office Name \_\_\_\_\_ Location \_\_\_\_\_

What is the main reason for your visit today? \_\_\_\_\_

Please list your medications, include dosage and number per day:

Medication	Dose	Frequency (x per day)
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____
7. _____	_____	_____
8. _____	_____	_____
9. _____	_____	_____
10. _____	_____	_____

Are you currently taking any of the following nonprescription medications?

Aspirin? \_\_\_\_\_ Ibuprofen? \_\_\_\_\_ Tylenol? \_\_\_\_\_ Allergy Medication? \_\_\_\_\_ Laxatives? \_\_\_\_\_

Vitamins or Supplements? \_\_\_\_\_

Please list any medications you are allergic to and the reaction:

Medication	Reaction
1. _____	_____
2. _____	_____
3. _____	_____

Are you on a special or modified diet? \_\_\_\_\_

Preferred Pharmacy and Location? \_\_\_\_\_

Mail Order Pharmacy? \_\_\_\_\_

What is/was your occupation? \_\_\_\_\_ Spouse? \_\_\_\_\_

Marital status? M-S-W-D \_\_\_\_\_ Education? High School/GED \_\_\_\_\_ College \_\_\_\_\_ Other \_\_\_\_\_

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Do you use tobacco? Yes \_\_\_\_ If so, how much? \_\_\_\_ No \_\_\_\_ Ex-Smoker, quit in year \_\_\_\_\_

Do you drink alcohol? Yes \_\_\_\_ No \_\_\_\_ Do you exercise? Yes \_\_\_\_ No \_\_\_\_ What? \_\_\_\_\_

List your chronic medical problems:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

List any past surgeries and the year you had it done:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Please indicate the year you may have had the following tests or vaccines:

Physical Exam \_\_\_\_\_ Pap Smear \_\_\_\_\_ Mammogram \_\_\_\_\_ Bone Density-DEXA \_\_\_\_\_

Colonoscopy \_\_\_\_\_ PSA/Prostate \_\_\_\_\_ EKG \_\_\_\_\_ Cholesterol \_\_\_\_\_ Audiogram/Hearing Test \_\_\_\_\_

Vaccines: Tetanus \_\_\_\_\_ Shingles \_\_\_\_\_ Pneumonia \_\_\_\_\_ Other Vaccines \_\_\_\_\_

## FAMILY HISTORY

Family Member	Father	Mother	Grandparent	Brothers	Sisters
Diabetes					
High Blood Pressure					
Cancer (type)					
Heart Attack before age of 60					
Stroke before the age of 60					
Asthma					
Colon Polyps					
Other (specify)					

Please list other physicians you have seen in the last two years and reason:

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**Arizona Community Physicians, P.C.**  
**Adult**  
**Release of Information Form**

Account # \_\_\_\_\_

Patient Name \_\_\_\_\_ DOB \_\_\_\_\_ Date \_\_\_\_\_

Guardian Name \_\_\_\_\_ Contact Number: \_\_\_\_\_

The confidentiality of our patient's medical information is very important to us. We understand there may be circumstances in which a family member or other adult needs access to your health information.

Please list the names and phone numbers of anyone who has your permission to have access to your medical records. This information is not limited to but includes appointments, billing information and test results.

Name/relationship \_\_\_\_\_ Contact Number \_\_\_\_\_

Name/relationship \_\_\_\_\_ Contact Number \_\_\_\_\_

Name/relationship \_\_\_\_\_ Contact Number \_\_\_\_\_

By providing the below phone #'(s) you are giving permission, to leave appointment information or detailed information regarding, lab results, radiological results or any other imperative information on the phone # indicated below

Cell/Mobile voice mail \_\_\_\_\_ (Phone #)

Home voice mail \_\_\_\_\_ (Phone #)

DO NOT RELEASE Information to the following people: \_\_\_\_\_

I acknowledge that either I or the physician may, at any time, withdraw the option of releasing test information per the terms of this agreement, upon providing written notice. Any questions I had have been answered.

Name Patient/Guardian: \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

The information provided on this form will stay in effect until updated by the patient



# Arizona Community Physicians P.C. Authorization to Release Medical Information



Scan here to  
request your  
records online

### PATIENT INFORMATION

Patient Name \_\_\_\_\_ Former Name \_\_\_\_\_ Account # \_\_\_\_\_  
Daytime Telephone \_\_\_\_\_ Birth Date \_\_\_\_\_

### INFORMATION TO BE RELEASED FROM

I hereby authorize (name of organization) \_\_\_\_\_  
Street Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Phone # \_\_\_\_\_ Fax# \_\_\_\_\_

To release the following medical information contained in patient's medical record.

### INFORMATION TO BE RELEASED TO

Name of Physician/Organization \_\_\_\_\_  
Street Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Phone # \_\_\_\_\_ Fax# \_\_\_\_\_

Requested format  Paper  Disc (PDF format)  Email\*

\*Email option only available for medical records processed by CIOX.

### PURPOSE FOR THIS REQUEST (Please check a box)

At request of Patient  Other\* (specify) \_\_\_\_\_

\*The standard charge for copying medical records is \$6.50 for a disc and \$0.07 per page for paper. However, there may be additional charges for shipping and handling. Please do not submit payment with this request, you will receive a billing invoice.

<u>TYPE OF INFORMATION TO BE RELEASED</u> (No information will be released unless a box is checked)	
<b>General Release</b>	DATES OF TREATMENT
<input type="checkbox"/> Medical Records/Excluding Protected Records (This will be limited to 1 year of information including Lab, x-ray reports unless otherwise stated)	From _____ To _____
<input type="checkbox"/> Other Records (specify) _____	From _____ To _____
<b>Information Protected by State/Federal Law</b>	
<input type="checkbox"/> All of my records including: AIDS/HIV and Other Communicable Disease Information, Behavioral Health Care/Psychiatric Care, Alcohol and/or Drug Abuse Treatment	From _____ To _____

**THIS AUTHORIZATION WILL AUTOMATICALLY EXPIRE AFTER ONE YEAR** (or 60 days for drug and alcohol abuse records) from the date of signing. The undersigned may revoke this authorization at any time by providing written notice of revocation.

**Signature of Patient or Personal Representative who may request Release of Medical Information:** I understand authorizing the disclosure of the information identified above is voluntary. I need not sign this form to ensure healthcare treatment.

\_\_\_\_\_  
Signature of Patient OR Legal Representative Date

\_\_\_\_\_  
Please Print Name of Signing Party