

# Annual Wellness Visits are important for your health!



## Why do Annual Wellness Visits benefit me?

### It is an opportunity for you and your provider to:

- ✓ Review your medications & health risk factors
- ✓ Ensure all your preventive care (e.g. cancer screenings, immunizations, etc.) is up to date
- ✓ Create a personalized prevention plan just for you

**It allows you to connect with your provider to keep you healthy and on the right track.**



## Costs

**No copays or deductibles** for Medicare or Medicare Advantage Annual Wellness Visits.

Traditional Medicare does not pay for Annual Physicals. Medicare Advantage plans do cover Annual Physicals.

Services provided beyond the scope of a an Annual Wellness Visit or Annual Physical. – such as the examination of a sore throat, a rash, or your diabetes follow up, may be subject to regular copays and deductibles.

## Annual Wellness Visit Cost Comparison

	Annual Wellness Visit	Annual Physical	Regular Office Visit
Medical history update	✓	✓	✓
Review of risk factors for illness	✓		
Personalized prevention plan	✓	✓	✓
Medication review	✓	✓	✓
Vaccinations (as appropriate)	✓	✓	✓
Address ongoing health problems	✓	✓	✓
Physical exam		✓	
Blood work, lab tests (as appropriate)		✓	✓
<b>Cost paid by you</b>	Free	Medicare Only	Copay/Deductible
		Total Cost	
		Medicare Advantage	
		Free	



## Information to bring to your annual wellness visit



Recent ER visits or hospitalizations



Family health history



Current medical providers and suppliers



Prescription and over-the-counter drugs, vitamins, and supplements