

# Choosing the care you need.\*

## Your PCP

Your PCP knows you and your history. Your Care Team can take care of your medical care, common ailments and new concerns which are safe to wait a day or two to be seen. Primary Care can take care of almost all your medical needs:

### WELLNESS VISITS

- Preventative care
- Vaccinations

### CHRONIC CONDITIONS

- Medication management
- Labs

### NON-URGENT NEEDS

- Cold or flu like symptoms
- Infections (ears, sinus, urinary)
- Allergies
- Headaches
- Skin problems
- Minor cuts/scrapes/burns
- Stomach pain
- Back pain

## Cost

PCP Copay \$  
*Lowest Cost Option*

## How to Schedule

Call Your PCP

PCP \_\_\_\_\_

Phone \_\_\_\_\_

## Urgent Care

Issues that require **urgent attention**, you called your PCP and you can't get in.

### URGENT CARE EXAMPLES

- Cold and flu symptoms
- Infections (ears, sinus, urinary)
- Headache
- Severe stomach pain
- Nausea/vomiting
- Minor cuts/scrapes/burns
- Sprains
- Strains
- Possible broken bones
- Severe back pain
- Skin problems

## Cost

Urgent Care Copay \$\$

## How to Schedule

Walk-In

## Emergency

**Emergency** medical issues requiring immediate attention.

### EMERGENCY DEPT EXAMPLES

- Chest pain
- Difficulty breathing
- Signs of stroke (face drooping, arm/ leg weakness, speech problems)
- Confusion
- Trouble walking
- Sudden loss of vision
- Poisoning
- Severe bites
- Bleeding
- Broken bones
- Severe injuries
- Seizures
- Suicidal or homicidal thoughts

## Cost

Emergency Department Copay \$\$\$, *Highest Cost Option*

## How to Schedule

Call 911 or Walk-In

\* If this is an emergency, call 911 or go to the nearest Emergency Department.