





Healthcare Options When You Need Care

When you require care from a healthcare professional, you have several options to choose from. Below is a summary of your primary options.



	Why you might choose this option	Type of care provided	How to schedule an appointment	Cost
	Doctor, Nurse Practitioner or Physician Assistant You have a personal relationship with the provider – your provider knows your health history, treatments that have worked in the past, and other health conditions that should be considered	<ul style="list-style-type: none"> ✓ Routine problems, such as a rash, sore throat, etc. ✓ Recurrent symptoms ✓ Preventive care, including vaccinations, Annual Wellness Visits, etc. 	Call for same day appointment if available	PCP Copay Lowest Cost Option
	Drug Store Clinics If you cannot get an appointment with your family doctor and have a basic health need	<ul style="list-style-type: none"> ✓ Vaccinations ✓ Blood pressure checks ✓ Screening tests ✓ Routine problems 	Walk in or appointment	Copay
	Urgent Care If you have a medical condition that requires immediate attention but is not true medical emergencies	Basic care for medical conditions that require immediate attention but aren't emergencies (e.g. cuts, diarrhea, bronchitis, sprains, etc.)	Walk in	Urgent Care Copay
	Emergency Department Emergency departments should only be used for medical conditions that are true medical emergencies*	Advanced care for true medical emergencies	Walk in	Emergency Department Copay Highest Cost Option

★ What medical conditions are considered true medical emergencies? Some examples:

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| Difficulty breathing | Broken or dislocated bones | Persistent chest pain with sweating, vomiting or shortness of breath

However, trust your gut, and if your instinct tells you it's serious, don't hesitate to go to the nearest emergency room. |
| Altered mental status or confusion | Deep cuts that require stitches | |
| Suicidal thoughts | Head or eye injuries | |
| Sudden weakness or paralysis | Severe cold or flu symptoms | |
| Severe heart palpitations | High fevers or fevers with rash | |
| Sudden, severe headache | Severe persistent diarrhea | |