

ULTRASOUND GUIDED BREAST BIOPSY

In most cases it is not possible to tell from a mammogram or breast ultrasound whether a growth is benign or malignant. Ultrasound guided breast biopsy is a highly accurate way to evaluate suspicious masses within the breast that are visible on ultrasound. These procedures are performed at Eastside Imaging Center by a Radiologist assisted by an Ultrasound Technologist.

PATIENT INSTRUCTIONS:

- You may eat a light meal prior to the biopsy.
- You must not be taking aspirin, aspirin containing products, ibuprofen or vitamin E for five (5) to seven (7) days before a needle biopsy.
- If you take prescription blood thinners, you will need the prescribing provider's written permission to come off of the blood thinners 3 days prior to the scheduled needle biopsy.

DAY OF THE PROCEDURE:

- An employee will review the procedure and obtain your signature on the necessary consent forms.
- You will be asked to remove all clothing from the waist up and change into a gown for the procedure.
- You will lie on your back or slightly on your side on the ultrasound table for the duration of the biopsy.
- A Radiologist will perform the biopsy and will be assisted by an Ultrasound Technologist.
- The Radiologist will explain the procedure prior to starting and will answer any questions you may have regarding the procedure.
- The Radiologist will use Lidocaine to numb the area that is to be biopsied. This can sometimes sting for a few seconds, but will quickly go away.
- After the numbing, you may feel pressure or pushing but you should not feel anything sharp for the remainder of the procedure.
- After the Radiologist takes the necessary samples, a technologist will apply pressure to the area to minimize any bleeding.
- A gauze dressing will be placed over the area and an ice pack will be applied.
- You will be sent home with a list of simple instructions and contact information should you need to reach a Physician after hours.
- You can expect to be at the imaging center for approximately one hour.

EXAM RESULTS:

The tissue samples that are taken are sent to a laboratory for evaluation. It takes approximately three to five working days for the pathologist to look at the samples and provide a diagnosis. The final pathology report will be forwarded to your Ordering Physician. Patient results will be communicated by the Ordering Physician.

PATIENT FINANCIAL RESPONSIBILITY:

The imaging center will contact your insurance and obtain prior authorization, if needed. They will also verify your health plan benefits and obtain copay/coinsurance/deductible amounts due. The imaging center will notify you of any financial responsibility prior to your scheduled procedure.

HOURS OF OPERATION:

Eastside Imaging:

Exams are performed only at Eastside Imaging on a scheduled appointment basis.